



Self Leadership Development

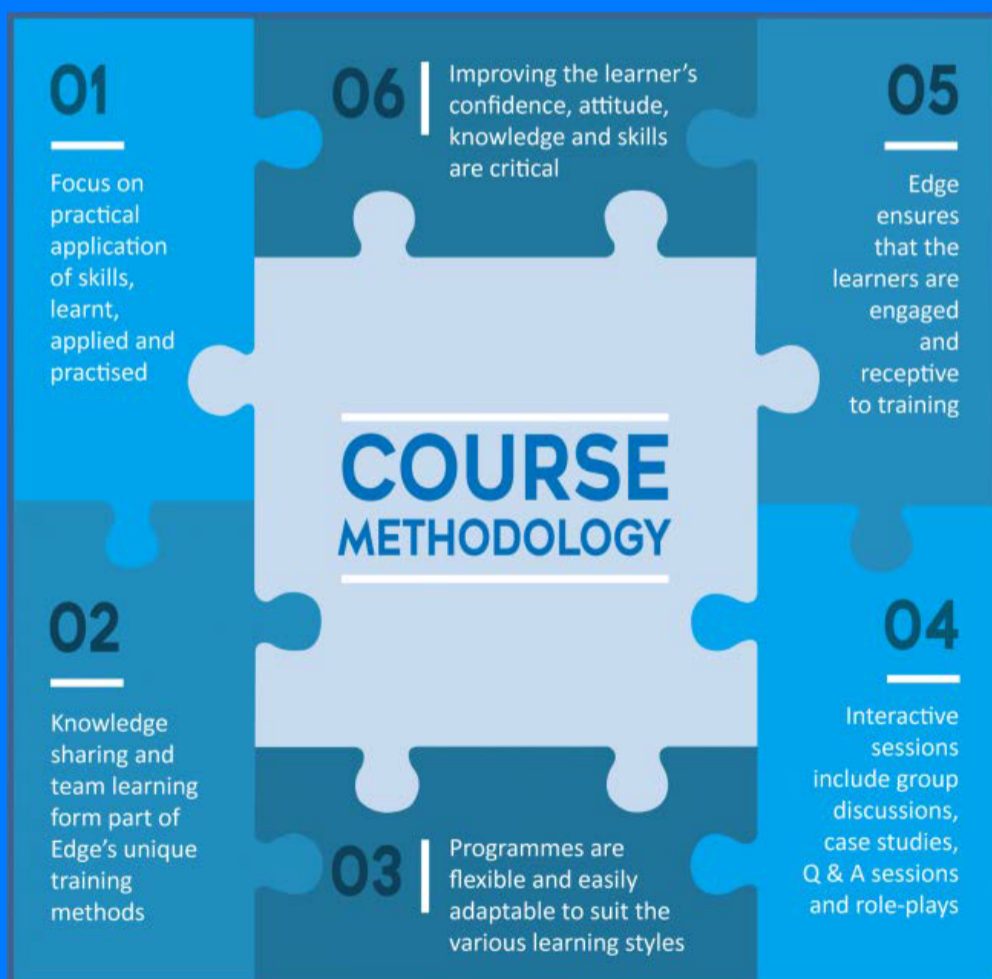
Soft Skills Training Workshop
LEADERSHIP STARTS WITH ME

Workshop Outline

- Identify the qualities of a successful leader
- Understand leadership theories
- Capitalise on your strengths
- Complete the leadership balance wheel
- Analyse Emotional Intelligence and its effect on leadership
- Complete an emotional intelligence test
- Identify and understand your internal and external locus of control
- Apply the self-thought motivational cycle
- Develop the necessary skills to activate effective self-leadership

Objective

By the end of this course you will have a clear understanding of the concept of leadership as well as being able to identify the roles and qualities of a successful leader. Self-leadership forms an integral part of this course, suggesting practical ways which will assist you in implementing what you have learnt.



About Edge Training

With over 22 years of Human Development training experience, Edge Training has a Level 1 BBBEE Scorecard, a National Footprint and Full Accreditation with Services SETA. Together with our BEE partners, we are committed to solving BEE related Skills Development Challenges in a meaningful way. Whether an Accredited Short Course, a Behaviour Changing Workshop or a Learnership, our highly skilled and dedicated team can offer you a solution. We source the learners and manage all the necessary requirements for disabled and unemployed Learnerships. Most of our Learnerships and Workshops are also offered as online courses.

Get in Touch

087 135 5543 www.edgetraining.co.za info@edgetraining.co.za