



# Mentee Workshop

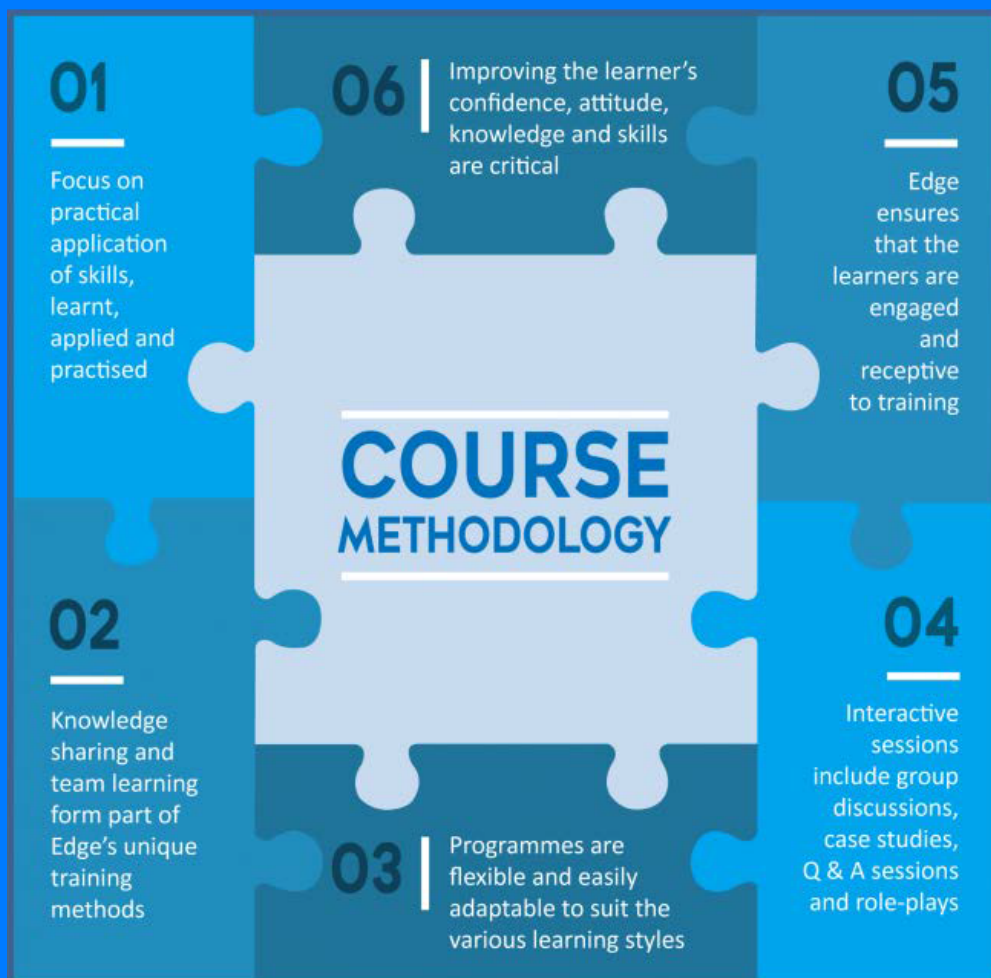
Soft Skills Training Workshop  
MAXIMISING THE BENEFIT  
OF YOUR MENTOR MEETINGS

## Workshop Outline

- Understand the organisational benefits of mentoring
- Recognise the difference between mentoring, coaching and counselling
- Prepare for a mentor/mentee meeting
- Complete a mentee checklist
- Prepare effective questions for the mentor/mentee meeting
- Apply listening skills
- Understand the coaching model and process
- Apply feedback for personal growth

## Objective

By the end of this course you will clearly understand the benefits of the mentoring program to both you and the organisation. You will also learn how to prepare for a meeting in order to maximise the mentee experience.



## About Edge Training

With over 22 years of Human Development training experience, Edge Training has a Level 1 BBBEE Scorecard, a National Footprint and Full Accreditation with Services SETA. Together with our BEE partners, we are committed to solving BEE related Skills Development Challenges in a meaningful way. Whether an Accredited Short Course, a Behaviour Changing Workshop or a Learnership, our highly skilled and dedicated team can offer you a solution. We source the learners and manage all the necessary requirements for disabled and unemployed Learnerships. Most of our Learnerships and Workshops are also offered as online courses.

### Get in Touch

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