



Coaching and Mentoring

Soft Skills Training Workshop

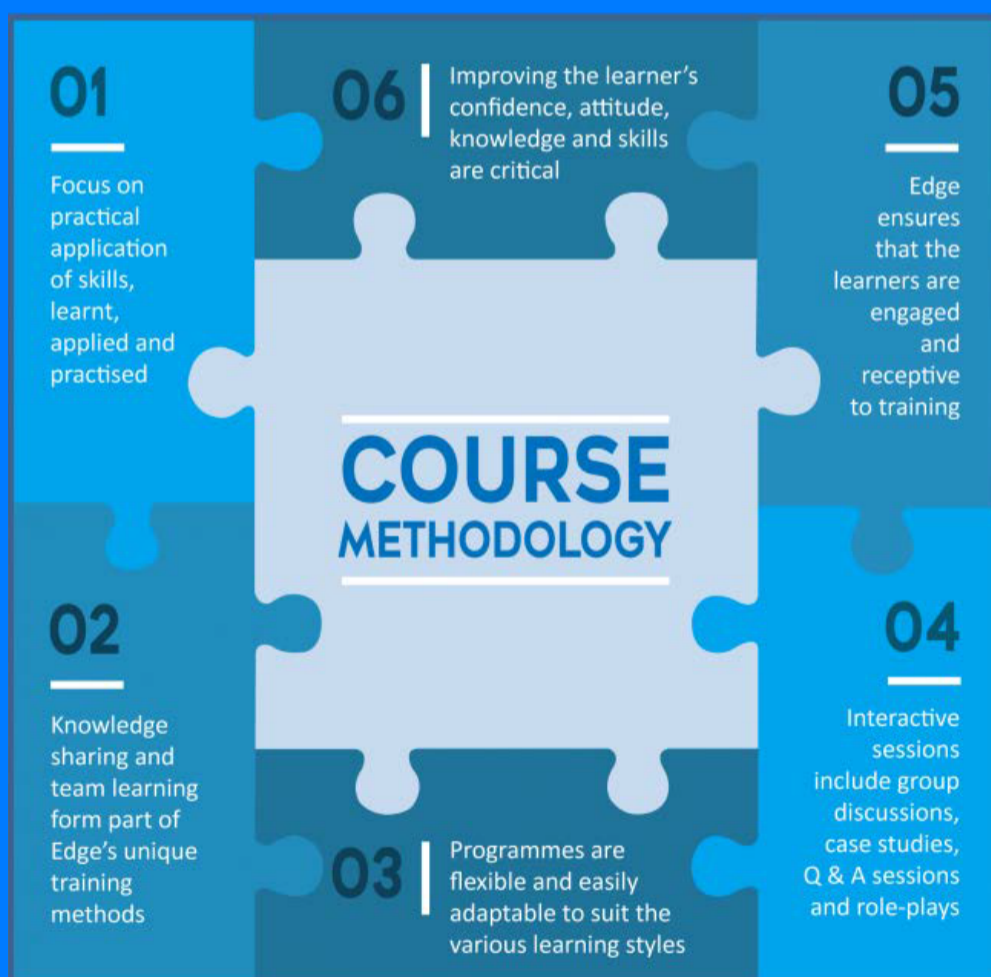
COACHING FOR
MAXIMUM PRODUCTIVITY

Workshop Outline

- Understand the difference between coaching and mentoring
- Prepare to coach or mentor
- Analyse the key elements in the communication process
- Recognise the barriers to effective communication
- Identify non-verbal codes
- Apply listening skills
- Assess the benefits of mentoring
- Understand the coaching model and process
- Prepare a personal development plan

Objective

By the end of this course you will be able to explain the difference between Coaching and Mentoring with a focus on the key elements to success in both areas. An assessment to enable you to evaluate your ability to take on a role of a mentor will be completed and an overall look at team motivation will round off the course.



About Edge Training

With over 22 years of Human Development training experience, Edge Training has a Level 1 BBBEE Scorecard, a National Footprint and Full Accreditation with Services SETA. Together with our BEE partners, we are committed to solving BEE related Skills Development Challenges in a meaningful way. Whether an Accredited Short Course, a Behaviour Changing Workshop or a Learnership, our highly skilled and dedicated team can offer you a solution. We source the learners and manage all the necessary requirements for disabled and unemployed Learnerships. Most of our Learnerships and Workshops are also offered as online courses.

Get in Touch

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