



087 135 5543

# OCCUPATIONAL HEALTH & SAFETY WORKSHOP AN OVERVIEW OF OHS

## WORKSHOP OUTLINE

- Understand basic health and safety principles
- 7 point risk assessment
- The 3 step process of a permit application
- Identifying Hazards
- Lockout and Isolation
- General Electrical Safety
- How to identify a symbolic sign and notice
- First Aid and Emergency Procedures
- Medical Examinations

01

Focus on practical application of skills, learnt, applied and practised

06

Improving the learner's confidence, attitude, knowledge and skills are critical

05

Edge ensures that the learners are engaged and receptive to training

02

Knowledge sharing and team learning form part of Edge's unique training methods

03

Programmes are flexible and easily adaptable to suit the various learning styles

04

Interactive sessions include group discussions, case studies, Q & A sessions and role-plays

## COURSE METHODOLOGY

## OBJECTIVE

By the end of this course you will be able to explain basic Health and Safety principles in and around the workplace. You are guaranteed to improve yourself and your work environment by applying what you have learnt from this course. You will gain valuable knowledge about First Aid and emergency procedures when dealing with injuries occurred in the office as well as the best necessary actions to take in such situations. There is a vast amount of safety sections in this course ranging from Electrical to Road safety etc.

## EDGE TRAINING CONSULTANCY

With over 18 years of Human Development training experience, Edge Training has a Level 2 BBEE Scorecard, a National Footprint and Full Accreditation with Services SETA. Together with our BEE partners, we are committed to solving BEE related Skills Development Challenges in a meaningful way. Whether an Accredited Short Course, a Behaviour Changing Workshop or a Learnership, our highly skilled and dedicated team can offer you a solution. We source the learners and manage all the necessary requirements for disabled and unemployed learnerships. Most of our learnerships and Workshops are also offered as online courses.

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CHANGING LIVES